

How to Study and Live Out the Bible

OCTOBER 25, 2026

STUDY TEXT: PSALM 119:1-42

Discuss the following BIG IDEAs and how to apply them to life. Use the questions to spark discussion.

Big Idea 1: Consistent Engagement With God's Word Leads to Understanding (Psalm 119:1-16)

Live It Out: Engage with God's Word consistently this week. Aim for four or more times and explore different ways of interacting with Scripture.

- *What is your go-to method of engaging with the Bible? Why does it work for you?*
- *Which form of Bible engagement—reading, listening, memorizing, or discussing—would you like to grow in?*
- *What are some common obstacles that keep people from engaging with Scripture regularly? How can those be overcome?*
- *What difference might it make in your life to engage with Scripture four or more times each week?*

Big Idea 2: Healthy Curiosity in God's Word Leads to Deeper Understanding and Growth (Psalm 119:17-18)

Live It Out: Take time this week to pause during your Bible reading and ask questions that help you understand, apply, and respond to God's Word.

- *Of all the topics or events in Scripture, which ones make you most curious? Why?*
- *What are some helpful questions you can ask as you study the Bible to better understand and apply it?*
- *Many Christians express concerns when people ask hard questions about the Bible. Do you see this as a crisis of faith or an opportunity for God's Word to prove itself?*
- *How might asking more questions during your Bible study change the way you understand and apply God's Word?*

Big Idea 3: Genuine Fellowship in God's Word Leads to Growth and Faithfulness (Psalm 119:19-42)

Live It Out: Share something you have learned from God's Word with another believer this week, and invite them to share what they are learning as well.

- *What are some benefits you have experienced in studying God's Word with other Christians?*
- *Name a few people who have invested in you spiritually. How has their encouragement or teaching helped you grow in your understanding of God's Word?*
- *What is one way you can encourage or support another believer in their walk with God this week?*

WORK TOGETHER TO MEMORIZE THE FAMILY SCRIPTURE OF THE MONTH

Colossians 2:6-7

Build a Foundation

Discussion questions for elementary age students.

1. *Why is it important to be in God's Word every day?*
2. *Why does God tell us to not just know what His Word says, but to live it out?*
3. *What is one thing God is teaching our family through His Word? How can we put it into practice this week?*

Everyday Extras

As a family, read James 1:22 or another short Bible passage. Talk about one thing God is trying to teach you. Remember to keep it simple and specific. Create a plan to live out what you've learned from God's Word. Pray and ask God for help in living out His Word. Later this week, have a family member check-in to see how everyone is doing in living out what they've learned from God's Word. Be encouraging and pray and ask God to continue to help you follow His way.

Stand Strong

Does the Bible still apply to life today?

The Bible is just as relevant today as when it was written. God's truth does not change, and His Word speaks to every area of life. It gives wisdom for decisions, guidance for relationships, and direction for daily living. When we apply the Bible, it transforms how we think, live, and grow.

Scripture: Hebrews 4:12; James 1:22

Preschool Highlights

Today your child learned Jesus teaches us to care for others. He cared for others when He miraculously turned two fish and five loaves of bread into enough food for over 5000 people to eat with 12 baskets of food left over. Only Jesus can do miracles like that, but we can still show our care for others with our words and actions. **I Can Learn From Jesus** to be caring.



God never intended for His Word to be learned only in isolation. Parents are called to lead the way by engaging Scripture personally and sharing it within the home. As you study the Bible, invite your children into the process. Ask questions together, discuss what you're learning, and model what it looks like to follow God's Word. Spiritual growth happens best when families pursue God together in everyday moments.